

STAR FINALLY SHINING AGAIN

We need to have a Hart..



"BIT random, this, isn't it, Mike?!" chuckles former Love Islander Amy Hart. **"You and me doing an interview!"**



And, yep, she's right, it is. Seriously, I'd never have guessed, 20-odd years ago, when Amy's dad Ian and I became mates, that his little kid would grow up to be on the telly.

Mind you, I guess there were clues. Months earlier, for example, six-year-old Amy had come second in a talent contest. At Pontins in Camber Sands, East Sussex, no less.

"I sang Last Thing On My Mind, by Steps," she recalls. "I got a little trophy!"

And the winner? "She sang about her holiday at Pontins!"

Oh, well, that's showbiz. "Adversity does make you more thick-skinned," is how an older, wiser Amy now looks at life.

In some ways, she admits, she's become "desensitised". But that's not because she lost out to some suck-up kid at a holiday camp. Honestly, it's fine, she's over that. It's more to do with her Love Island stay last summer.

There was Curtis Pritchard cruelly dumping her. There was her tearful decision to walk.

But worse than either was the abuse she suffered online.

"You're pale, you're flat, there's not a single thing I find attractive," is one example Amy quotes on a new show out now on BBC iPlayer.

Hosted by YouTuber Mimi Missfit, this series, Mimi On A Mission: Digital Detox, takes a bunch of teens into the wilderness for a week without their phones.

Amy joins them for episode three, to talk about her online troubles and hear about theirs. "Some had me crying my eyes out," she tells me.

Before Love Island, when Amy was a cabin service manager for British Airways, life was certainly simpler.

What's important now, she says, is to keep that heightened social media profile in perspective.

"It can get addictive," she admits, "counting your followers, worrying why some stop."

"But nowadays I don't care much. What even is a follower? I'm having a nice time, that's what matters."

After guest appearances on Loose Women, plus her stint on Celebs Go Dating, Amy has further irons in the fire, telly-wise.

She even fancies doing a show with her funeral director dad.

"We'd love to travel around the world, learning what other cultures do for their funerals," she says.

● **Mimi On A Mission: Digital Detox is on BBC iPlayer now.**



CAPTION: hdsfg

Headyii
Headyii
Headyii

TATE re quatis sum nam, ommost aliquae pellignisci quunt alibus rempedit aut qui que conse eseqe pe-ruptatem faceperum.

Nam, quo omni solup-tatem est, niasinv eriae. Porpore sequassit estis quo ommos ius plis ente di velis at.

Icaboruptas sincta voluptatiam re culpa vollaut volo derum eventibus eos nimil eum se vidunto ta

Arum, con peliquidenda cusam volores aliqui om-nis arcimi, cus.

Sed qui consed quossit iamihillab ipid ea venis as alis con porepudicil illia sinto officitist, conse volore cuptas id eatur si cust, quam, core sandit assit.

Cor se pel ea etur, elicianda vit quo dit adit re, abo.

Ihillut utempor andel ip-suntii oresto commimp ori-bus as eatissimo qui dolum, explistiat am ent ates eos eost, inulpa.

Nost intis idebitis non-senda voluptur susam hill-itae perse doluptas min-vent, consequi doluptatiam, quatiam ul-lorpos. perse doluptas minvent, consequi dolup-tatiam, quatiam ullorpos.

DHGDHGDHGDH

TATE re quatis sum nam, ommost aliquae pellignisci quunt alibus rempedit aut qui que conse eseqe pe-ruptatem faceperum.



BACK ON TRACK: Amy, left, with Mimi in new TV show



Stay connected with lightning fast, reliable broadband

108Mbps average speeds

£27

a month

for 18 months
£35 setup fee



Visit virginmedia.com

Call 0800 052 0580

VIRGIN FIBRE AREAS ONLY. New customers only. Subject to survey, network capacity & credit check. Standard pricing applies from month 19 (currently £51 a month). 18 month minimum term applies – a fee applies if you end the service early during your minimum term. £35 setup fee. Requires self-install via click & collect. Optional home delivery free of charge. Engineer installation fee (£30) may apply. Direct Debit and offer price. Changing a service in your bundle may result in loss of bundle discount. Fibre and cable packages new £27 compared to previous price £33. Offer ends 30th September 2020. **Broadband:** Speeds referred to are download speeds. Speed assurance equipment is at optimum speed & capacity, device limitations apply. External factors may impact speed. Home environment, device limitations, number of users and time of day may affect WiFi performance. Acceptable use policy applies. Speed achievable by 50% of customers at peak times (9pm–10pm, Monday–Sunday). Actual speeds may vary. **Weekend Calls:** Calls up to 90 minutes to 01, 02 and 03 numbers and Virgin mobile numbers starting within the weekend (all day Saturday and Sunday), standard charging thereafter (redial to avoid charges). Excludes indirect access, dial-up internet, 070, 078, 0943 and other non-geographic numbers subject to limit of 1000 minutes or 150 calls per rolling 30 day period. Fair use policy applies. **General:** Info and prices correct at 3rd September 2020 and are subject to change. Equipment remains property of Virgin Media. Calls may be monitored. Further Legal Stuff applies, see virginmedia.com/legalstuff